

“Tried and True” Newfoundland Plants



Newfoundland's thin, acidic soil base, winds, freeze / thaw cycles and wet seasons are a challenge to gardening. Many plants have proven themselves over the centuries as adaptable and hardy to our climate. Here is a sampler of our Newfoundland “Tried and True” plants:

<p>Rock Garden Perennials: Rockcress (<i>Arabis</i>) Snow in Summer (<i>Cerastium tomentosum</i>) Pinks (<i>Dianthus deltoides</i>) Sweet woodruff (<i>Galium odorata</i>) Creeping phlox (<i>Phlox subulata</i>) Mossy saxifrage (<i>Saxifraga x arendsii</i>) Creeping stonecrop (<i>Sedum acre</i>) Hens and chicks (<i>Sempervivum</i>)</p>	<p>Annuals: Forget- me- not Four o'clocks Lavender Nasturtiums Pansy and Violets Sweet Alyssum Stocks Wallflowers</p>
<p>Border Perennials: Monkshood (<i>Aconitum napellus</i>) Boy's Love (<i>Artemisia abrotanum</i>) Columbines (<i>Aquilegia sp.</i>) Harebells (<i>Campanula carpatica</i>) Queen of the meadow (<i>Filipendula ulmaria</i>) Goldenrod (<i>Gentiana lactiflora</i>) Geum (<i>Geum 'Mrs. Bradshaw'</i>) Daylilies (<i>Hemerocallis sp.</i>) Sweet rocket (<i>Hesperis matronalis</i>) Hosta (<i>Hosta sp.</i>) Candytuft (<i>Iberis sempervirens</i>) Lilies (<i>Lilium sp.</i>) Lupines (<i>Lupine sp.</i>) Oriental Poppy (<i>Papaver orientalis</i>) Peony (<i>Peony sp.</i>) Ribbon grass (<i>Phalaris arundinacea ver. Picta</i>) Garden Phlox (<i>Phlox paniculata</i>) Primrose (<i>Primula sp.</i>) Lungwort (<i>Pulmonaria officinalis</i>) Upright Sedum (<i>Sedum spectabile</i>) Feverfew (<i>Tanacetum parthenium</i>) Labrador daisy (??) Golden Ball (<i>Trollius europaeus</i>) Speedwell (<i>Veronica spicata</i>) Tansy (<i>Tanacetum vulgare</i>)</p>	<p>Shrubs: February Daphne (<i>Daphne mezereum</i>) Mockorange (<i>Philadelphus virginialis</i>) Single pink hardy rose (<i>Rugosa rose</i>) Other old heritage roses Golden elder (<i>Sambucus canadensis</i>) Delphiniums (<i>Delphinium sp.</i>) Bleeding heart (<i>Dicentra spectabilis</i>) Foxglove (<i>Digitalis excelsior</i>) Spurge (<i>Euphorbia cyparissias</i>) Cornflower (<i>Centaurea dealbata</i>) Blue Knapweed (<i>Centaurea montana</i>) Lily-of-the-Valley (<i>Convallaria sp.</i>) Spirea (<i>Spirea 'Anthony Waterer'</i>) Common white lilac (<i>Syringa</i>)</p>
<p>Vines: Clematis (<i>Clematis jackmanii</i>)</p>	<p>Bulbs: Narcissus Grape Hyacinths</p>
<p>Trees: Laburnum alpinum Populus tremuloides Sorbus americana</p>	